



Campbell Creek Science Center

Time Outside Together (TOTs): Bears

Resources to explore the natural world with children under five.



Bear Safety

Alaska is home to three types of bears: black bears, brown (grizzly) bears, and polar bears.

It is *never* safe to get close to a bear. When we walk in the woods, we should stay together and make lots of noise to let bears know we are coming.

Practice doing this by **talking**, **singing**, or **clapping** on a walk in your neighborhood.

Practice what to do if you see a bear.

1. **Stop.**
2. **Group up.** Get foot-to-foot with the people around you.
3. **Look big.** Raise your arms in the air and slowly wave them back and forth.
4. **Talk to the bear.** Say, "Hey, Bear. Ho, Bear."

Five Little Bears

As you read the poem below, practice counting on your fingers.

One little bear, wondering what to do.
Along came another, and then there were two.

Two little bears, climbing up a tree.
Along came another, and then there were three.

Three little bears, looking for some more.
Along came another, and then there were four.

Four little bears found honey in a hive.
Along came another, and then there were five.

Five little bears!

If you want, draw pictures for each part of the poem to make a picture book!

